

Light Your Fire!



Name:	
Adress:	
Mobil – WhatsApp:	
E-Mail:	
Your knowledge skills:	
Various Notes	

NADEUM, through its Secretary General, Mr Andreas Andiel, coach of the 'Social Competence Mediation' programme, licensed by Jack Canfield[®], is pleased to introduce and teach you the following concept of 'Social and Communicative Competence'.

GAFÉIAS COACHING PROGRAMME - **LIGHT YOUR FIRE!**

We cordially invite you to register for the Light Your Fire! Youth Coaching.

Please find attached the training curriculum.

Light Your Fire! is an interdisciplinary programme for trainers in almost all professional fields.

- Develops higher personal, social and communication skills in a sustainable way
- Strengthens personal responsibility
- Encourages thinking in a business environment
- Resistance to stress
- Healthy self-confidence
- Practical problem-solving strategies

Improved self-management

NADEUM - Implement Sustainable Thinking
Fenzlgasse 30/14; 1150 Wien; Austria-EU

Oberbank: Oberbank Liquiditätskonto: IBAN: AT35 1500 0041 1105 8816; BIC: OBKLAT2L

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Light your fire Trainer: **Mag. Andreas G. Andiel** / Mobil-WhatsApp: +43-(0)660-762 1873

NADEUM E-Mail: andreas.andiel@nadeum.eu

My details for participation in the Light Your Fire programme

Name	Date of birth	Place/Date	Signature

GAFÉIAS COACHING PROGRAMME - LIGHT YOUR FIRE!

- GAFÉIAS Youth and Apprentice Programme for Personal, Social and Communication Skills
 - Immediate practical application
 - Specialists stay with the company
 - Affordable - up to 75% subsidy from the Austrian Chamber of Commerce for companies training apprentices in Austria
 - Virtually no absenteeism - large on-the-job component
 - Develop and retain junior and senior staff
- Do you know this situation? It takes many helping hands to inspire the customer. But it only takes one experience of indifference, poor quality or poor service to undo all that has been achieved.
 - A satisfied customer will come back when it suits him or when it is convenient - an enthusiastic customer will even make a detour.
 - GAFÉIAS - LIGHT YOUR FIRE! is a cross-industry programme specifically for young people - pupils, students, apprentices, trainers and junior managers for almost all professions. It helps to develop a higher level of personal, social and communicative competence, to strengthen personal responsibility and to promote thinking in an entrepreneurial context.
 - The special combination of on-site training impulses and practical personality development between the units, integrated into the daily work routine, ensures that what is learned and practised is actually put into practice.

Outcome

- Improved communication, increased ownership, healthy self-confidence and stress resistance, as well as the ability to apply practical problem-solving and self-management strategies.
- Light the fire of enthusiasm in your employees and reap enthusiastic customers!
- Inspiring - Entertaining - Exciting

Structure

- Programme of approximately 120 days, programme schedule according to training manual
- Over a period of 4 to 12 or 18 months per cycle
- The programme is modular and on-the-job and can be completed in blocks or, for example, spread over the low seasons (e.g. 3 attendance blocks in spring and 2 in autumn).
- 5 attendance units or workshops of 3 hours each or 12 attendance units or workshops of 2 hours each
- For knowledge transfer, for group exercises, for feedback rounds to share progress.
 - Short blocks of content are complemented by inspiring storytelling and reflection on how the content can be applied to one's own life. This creates enthusiasm and interest in observing and applying these principles of success in everyday situations during the 30-day application block.
 - Personal development takes place in a group setting that promotes sustainable self-development and social skills in the sense of an uplifting community!
 - Sustainable behavioural training requires a clear structure and sufficient time to achieve optimal results.
 - Self-training based on 120 insights & exercises
 - Insight or Exercise per working day in a real environment
 - application blocks of 30 days each

In the periods between the face-to-face sessions, new behaviours are immediately integrated into the daily work routine. Short worksheets help you reflect on what you have learned and sharpen your awareness of social and personal relationships. The additional effort required is only a few minutes - the learning experience extends throughout the day. Gamification Elementes ensure a high level of participant Engagement.

Additional modules for trainers

Trainers also receive modules that show new ways to lead and strengthen authority and leadership skills.

Module contents

Block 1: Self-competence, self-esteem and self-awareness | Self-control - social competence § 1-6

- ✓ Taking full responsibility for results
- ✓ Living consciously / Trusting yourself
- ✓ Find out what you want / Set goals
- ✓ Never stop learning new things / Get started
- ✓ Overcome your fear of challenge
- ✓ Keep your promises

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Block 2: Developing potential | Managing your environment - social skills § 7-12 *)

- ✓ Developing new habits
- ✓ Embracing change
- ✓ Learning from role models
- ✓ Be prepared to make the effort
- ✓ Persevere - hang in there
- ✓ Let go of your limited ideas
- ✓ Use any feedback to your advantage
- ✓ Be passionate about what you do

Block 3: Skills for Success and Sustainability | The Company

- ✓ Focus on what you do well
- ✓ Become part of a supportive team
- ✓ Focus on the essentials
- ✓ Developing time management skills
- ✓ Planning your career
- ✓ What does your host company offer?
- ✓ What I do for my training organisation

Block 4: Additional modules for trainers

- ✓ Strength rather than power - new authority
- ✓ Self-esteem based leadership
- ✓ Fostering Intrinsic Motivation

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Certificate

On successful completion of the final examination, participants will receive a certificate confirming that they have completed a programme of training in social skills - communication, motivation and mental toughness.

Other programme elements

Personal coaching, e-coaching and interview support are also offered as required.

A training cycle is concluded with a final test and examination.

Certificates are awarded at a special event.

The company receives an evaluation report on the entire programme, based on the participants' initial and final tests.

Who are the target groups?

In the case of NADEUM, all active and passive NADEUM members as well as future trainers and junior managers are addressed.

Benefits for participants

Light Your Fire! is a cross-industry programme specifically designed for employees and trainers in almost all professions, with the following results for participants and the organisation

- ✓ Long-term development of higher personal, social and communication skills
- ✓ Increases personal responsibility and self-confidence
- ✓ Fosters entrepreneurial thinking
- ✓ Increased resilience and improved performance
- ✓ Healthy self-confidence and improved self-awareness
- ✓ Practical problem-solving strategies, increased enjoyment of work
- ✓ Improved self-management, increased motivation and energy
- ✓ Ability to control your own thinking, greater ability to be controlled others
- ✓ More successful at work and at school

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Benefits for the company

The following benefits of the youth training programme are essential for the company:

- ✓ Support of the management and reduction of the control effort
- ✓ Increase in the intrinsically motivated commitment of the trainees
- ✓ Reduced turnover and increased loyalty to the company
- ✓ Significant reduction in sick leave
- ✓ Improvement of the working atmosphere, elimination of mobbing
- ✓ Promote team spirit and cohesion within the company
- ✓ Better junior managers
- ✓ Increase in operating profit

IFUS2022 - Presentation of the interdisciplinary initiative social skills at schools

Light Your Fire! youth programme for school students

As part of the IFUS 2022 social project 'Initiative for Interdisciplinary Teaching of Social Skills', GAFÉIAS offers social skills training for students in each class, and all teachers of the corresponding classes are invited to actively participate in the youth programme and contribute to their students.

Sequence of operations

- ✓ LYF! - Bookings per class
- ✓ Date for teachers to attend training and discuss materials
- ✓ Each class will receive a LYF! course pack, plus a teacher's guide and student and parent information sheets.
- ✓ The programme includes
- ✓ Initial test
- ✓ 120 insights, with only one insight taught per school day,
- ✓ 120 exercises to be completed by the students during the 'school day'.
- ✓ Final test and feedback form
- ✓ Final examination
- ✓ Certificate ceremony
- ✓ Evaluation

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The training programme lasts one semester.

Social skills are taught in the most time-efficient and effective way possible, with a demonstrable focus on sustainability - professors teach for 5-10 minutes each at the beginning and end of the day.

The teacher who has the first lesson of the day reads the daily insight page with the students and explains the exercise to be done that day in the course folder.

1. The teacher who holds the first lesson of the day reads the daily insight page with the students and explains the exercise to be carried out that day in the course folder.
2. The class does the exercise that day during the time at school.
3. The teacher who holds the last lesson of the day discusses the experiences from the exercise with the students and enters the results in the course folder.
4. At the end of the course, students can take a final exam to receive the Social Competence Certificate if they pass. For this, they receive exam papers that they have to complete and hand in within an hour, under the supervision of a teacher. The collected exam papers are sent by the school to GAFÉIAS for evaluation and we create the certificates.
5. Joint certificate ceremony

Indicative price for African NADEUM members

Per participant: both women and men

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280.00 per month in Austria (excluding VAT)

This price is given here to show you the value of this course. **This course is voluntary.** Everyone who takes part should be aware of the value of this course. So if you stop halfway through, it's as if you never did the training. So take your time. At the end of the course there is a final test. If you pass, you will receive a Light Your Fire certificate.

Once people have signed up, this course will run every Saturday, every month for a year. The suggested time would be 7pm to 9pm CET.

Additional information: After the training and final exam, all participants can receive further support if needed. This training is only the beginning. Over the next few years, it will be necessary to receive support and feedback from the Light Your Fire trainer in very challenging situations in order to be able to act without emotion in the future.

TO ALL NADEUM MEMBERS:

This course is provided to you free of charge. What do you have to contribute? Your will and a portion of 'self-motivation' to do it.

Benefits for students:

- Increased intrinsic motivation to learn
- Improved performance and better grades
- Increased personal responsibility
- Awareness of health, sport and leisure
- Optimal handling of finances
- Optimal interaction with the social environment
- Increased communication skills
- Constructive team building, team spirit
- Optimal life design and management
- Best Matura results

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Benefits for teachers

- Easier teaching and learning
- Higher discipline
- Increased interest in the subject matter
- Additional effect for the weaker students
- Elimination of violence, bullying and drugs
- Conflict resolution strategies
- Increase in tolerance and respect
- Intercultural acceptance and integration
- Fewer sick leaves and absences
- Media hygiene and social media awareness



Ignite the fire of enthusiasm

Ask us – we will be happy to provide you with information about our options that meets your needs.

Website: www.gafeias.org

GAFÉIAS Services

Coaching Programme

Tools for “Life®” for APPRENTICES and TRAINERS

Social skills training for apprentices and trainers

from „Jack Canfield®”

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The comprehensive toolbox of personal development

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GAFÉIAS - Light Your Fire!

Youth and apprentice programme for personal, social and communicative competence

For industry | trade & commerce | hotels & restaurants | office & administration

by GAFÉIAS Strategic Principles of Life & Success - GLCI-6

[EASY JOB](#)

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Mag. Phil. Andreas G. Andiel

TRANSFER COACH Training as an ASC method coach & speaker/trainer for the 12 natural laws for success

CERTIFICATE MODULE 1 | The 12 natural laws for success Part 1 (21 August 2022)

GAFÉIAS, Global Association for Environmental Investments and Sustainability of Economic, Social and Environmental Spheres

GAFÉIAS Directorate of Education and Human Resources

GAFÉIAS Lions Corporations International – GLCI

GAFÉIAS Strategic Principles of Life & Success - GLCI-6

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